

TOPIC

Kissing Mitzvah Objects



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Kissing Mitzvah Objects

Throughout the day we kiss many different mitzvah objects, such as tzitzis, tefillin, and sifrei Torah. In this issue we will discuss the custom to kiss mitzvah objects.

Kissing is an act by which one connects to purity. When kissing a mitzvah item, we show how valuable the mitzvah is to us.2

Kissing Tzitzis

The Rema³ says that when one "sees" his tzitzis he should kiss them. However, no mention is made in the Rema to kiss them when most people do, which is during Krias Shema in the morning. The Darchei Moshe⁵ does mention that some have the custom to kiss tzitzis when reciting "u're'isem..."6

The Kaf Hachaim⁷ says that each time one recites the word "tzitzis" he should kiss them. The Aruch Hashulchan8 mentions to kiss the tzitzis a few times when reciting the parshah of tzitzis, but does not mention when. However, in another place the Aruch Hashulchan⁹ mentions to kiss them by l'vriysem osa, but he says that if one does not so it is

Pischei Shearim 10:7. Refer to Vitzvar Yosef Bar 1:2-3.

Rama 24:4: Aruch Hashulchan 3.

Ibid.

See Oles Yitzchak 3:3 regarding kissing the knots.

^{5 24.}

Ben Ish Chai, Va'eira 1:21.

^{24:18.}

^{24:3.}

^{60:9.}



not an issue.¹⁰ The Kitzur Shulchan Aruch¹¹ mentions that one should kiss the *tzitzis* when reciting the word "*tzitzis*" during the recital of *Krias Shema*. When one says "*u're'isem*" he should look at the *tzitzis* and kiss them. One holds the *tzitzis* until "*u'nechmadim*" (in *Emes V'yatziv*) and then kisses them and puts them away.

Some do not have the custom to kiss tzitzis during *Krias Shema*, ¹² but most people follow the custom mentioned in the Darchei Moshe to kiss them. ¹³

The custom of Harav Moshe Feinstein, zt"l, ¹⁴ was to only kiss his *tzitzis* by *Emes* and not during the rest of *Krias Shema*.

On Tishah B'Av at *Shacharis* many do not kiss the *tzitzis*, since no brachah is made on them. ¹⁵

When putting on tzitzis, one should not kiss them between the brachah and the wrapping since it would be a hefsek.¹⁶

Baruch She'amar

The custom is to hold two *tzitzis* when reciting *Baruch She'amar* and kiss them upon the conclusion. Some *poskim* say to just hold the *tzitzis* during *Baruch She'amar* without

¹⁰ Refer to Yalkut Yosef 25, page 434, who mentions that kissing the tzitzis is not required when reciting "u're isem."

^{11 17:7.}

¹² Opinion of the Gra (*Beis Baruch* 11:13; *Beis Avi* 3:16). This was also the opinion and custom of the Chazon Ish, zt" l (*Daas Noteh* 1, page 203:37, 2, page 390:733). For more on this, see *Siach Tefillah*, page 112:footnote 27.

¹³ Otzer Kol Minhagei Yeshurun, page 150.

¹⁴ Rivevos Ephraim 2:48:99.

¹⁵ Mishnas Yosef 1:93:3.

¹⁶ Yalkut Yosef 1, page 19:3.

mention of kissing them.¹⁷ However, the Mishnah Berurah¹⁸ and others ¹⁹ do say to kiss the tzitzis upon the conclusion of Baruch She'amar. Some suggest that kissing the tzitzis at the end of Baruch She'amar shows love to the tzitzis, since one is holding them throughout the recital of Baruch She'amar.²⁰

Some mention that there is a custom to hold two *tzitzis* because it says "Baruch" in Baruch She'amar 13 times, and there is no brachah without the name of Hashem (which equals 26). Therefore, we hold two tzitzis strings, which have 16 strands of cotton and 10 knots, equaling 26.21

Removing and Kissing the Tefillin

One should kiss the tefillin both while removing them and while putting them on.²² By kissing the *tefillin* one shows how precious the mitzvah is to him.²³ (Kissing the tefillin when putting them on is not considered a hefsek.)24 However, the Shulchan Aruch does not mention kissing the hand once one touches the tefillin.

¹⁷ Magen Avraham 51:1; Kaf Hachaim 48:1; Aruch Hashulchan 51:2.

^{18 51:2.}

¹⁹ Ben Ish Chai, Vayigash 1:7; Kitzur Shulchan Aruch 14:2. See Rivevos Ephraim 8:516.

²⁰ Gam Ani Odecha (Shlesinger), page 21.

²¹ Otzer Kol Minhagei Yeshurun, page 151.

²² Beis Yosef 28, Shulchan Aruch 28:3, Elyah Rabbah 5, Shulchan Aruch Harav 28:10, Chayei Adam 14:15; Kitzur Shulchan Aruch 10:20; Ketzos Hashulchan 8:6, Aruch Hashulchan 28:7, Kaf Hachaim 28:18. Some say one should kiss the tefillin when removing them from the bag (Kaf Hachaim, ibid.). Although all the poskim say chachamim should kiss the tefillin when taking them off and putting them on, it means everyone should do so (Elvah Rabbah 28:5; Os Chaim V'shalom 28:4). There is no difference if one wishes to kiss the tefillin box or the tefillin while they are in their plastic covering (Daas Noteh 3, page 189:377).

²³ Levush 28:3, Kaf Hachaim 28:18. Refer to Chesed L'alafim 28:5.

²⁴ Nemukei Orach Chaim 28:2, Igros Moshe, O.C. 4:10, Rivevos Ephraim 1:27:1; Daas Noteh 3, page 189:376. Refer to Halachah Berurah 28:13, who argues; see Otzros Yosef 2, page 9; Mein Omer 1:54, page 78.



Kissing Tefillin While Davening

The Shulchan Aruch²⁵ mentions when one recites "*u'keshartam l'os al yadecha*" during *Krias Shema*, he should touch his *tefillin shel yad*, and when saying "*l'totafos bein einecha*" he should touch his *tefillin shel rosh*. The Mishnah Berurah²⁶ says one should do this when we mention *tefillin* in the second *parshah* of *Shema*.²⁷

The Aruch Hashulchan²⁸ mentions that some kiss the hand after touching the tefillin, but this is not warranted. In fact, the *poskim* who discuss touching tefillin do not mention kissing one's hand, but this seems to be the custom of many. However, some do indeed mention it.²⁹

There are other places in davening where the custom is to touch the tefillin (and kiss one's hand afterwards). These include "Oter Yisrael b'sifarah," "Yismechu hashamayim v'sagel ha'aretz" in Hodu and Yehi Chevod. This also applies when saying "Yotzer ohr u'vorei choshech" in Birchos Yotzer Ohr. 32

Harav Moshe Feinstein, *zt"l*,³³ did not have the custom to kiss his tefillin when reciting "*posei'ach es yodecha*" during *Ashrei*. However, others do quote this as being the custom.³⁴

²⁵ O.C. 61:25.

^{26 61:39.}

²⁷ Refer to Mishneh Halachos 18:35.

^{28 61:10.}

²⁹ Chayei Adam 14:15 (it is done to show how special the tefillin is to us); Kitzur Shulchan Aruch 10:17.

³⁰ Mishnah Berurah 25:13.

³¹ Be'er Moshe 8:50.

³² Ibid. Refer to *Be'er Heitiv* 59:1; *Mases Kapai* 1, page 41. See *Ben Ish Chai, Shemos* 1:1, who mentions not to touch the *shel rosh* in this situation.

³³ Rivevos Ephraim 2:48:99.

³⁴ Be'er Moshe, ibid.

The Steipler Gaon, zt"l,35 would kiss the box of the tefillin shel yad while reciting "u'keshartam l'os al yadecha" in Krias Shema,36

Kissing a Sefer Torah

The Rema³⁷ says that a parent should bring his child to kiss the sefer Torah, to train him in mitzvos and to show the importance of the sefer Torah.38

When the sefer Torah passes in front of one or if one passes the sefer Torah, the custom is to kiss the outside of the sefer Torah with the mouth.39 If one can't do so, he places his hand on the sefer Torah and then kisses his hand.40

Some question the custom to kiss the hand after it touches the sefer Torah.41 However, others mention that there is no issue with this, since one is doing so to indicate that when his hand touches the sefer Torah, his hand has kedushah.42

Some raise an issue with kissing the sefer Torah with one's lips, since if one has a cold he is now transferring germs from his lips to the sefer Torah. If another person kisses the sefer Torah after him it could pose a danger. In addition, when kissing the sefer Torah with one's lips one has to come

³⁵ Toldos Yaakov, page 302; Orchos Rabbeinu 1, page 44:41.

³⁶ See Rivevos Ephraim 6:12.

³⁷ O.C. 149:1. This is also quoted in Levush 149:1.

³⁸ See Minhagei Hachida, page 96:4; Kaf Hachaim 155:12.

³⁹ Kitzur Shlah, page 137; Chesed L'Alafim 135:9; Kaf Hachaim 10, Yesod V'shoresh Ha'avodah 8:9, Shaarei Ephraim 10:4, Halichos Shlomo Tefillah 12:footnote 68, Beis Baruch 31:169.

⁴⁰ Shaarei Ephraim 10:4. Refer to Minhag Yisrael Torah 149:4, Pischei Shearim 10:4, Edos Yisrael 63:page 159. Harav Shlomo Zalman Auerbach, zt"l, was opposed to kissing the sefer Torah with one's hand and then kissing one's hand (V'aleihu Lo Yeibol 1, page 100).

⁴¹ Shaarei Rachamim 10:5.

⁴² Pischei Shearim 10:7.



close to it, and why should this person be able to say that he is closer to the *sefer Torah* than others?⁴³ The custom of many *gedolim*, however, was not to be concerned with this.⁴⁴ Nonetheless, in a situation where one knows that someone who has a contagious cold kissed the *sefer Torah mantel*, Harav Elyashiv, *zt"l*, said that it should be removed and washed.⁴⁵

When one is carrying a *sefer Torah*, he should not lower the *sefer Torah* for children to kiss, as this is a disgrace to the *sefer Torah*. The Yaavetz⁴⁷ mentions that when a child kisses the *sefer Torah* the parent should make sure that his nose and mouth are clean.

It is not proper for a chazzan to walk around the shul with the *sefer Torah* so people can kiss it. Instead, the congregants should go to the *sefer Torah* and kiss it.⁴⁸

One is allowed to touch the *sefer Torah* with his *siddur* and then kiss the *siddur*.⁴⁹

One should be careful if a non-Jew was invited to a

⁴³ Edos L'Yisrael, page 159:63; V'yas Avraham, page 297, footnote 120; Orach Ne'eman 134:11; Osrei L'gefen, page 133; Oles Yitzchak 3:3; Orchos Harav V'Hrosh Hayeshivah, page 60. See Shaarei Siach, page 93:165; Yisa Yosef 1:32.

⁴⁴ *Kuntres V'zos HaTorah*, page 18, footnote 77. See *Edos Moshe, O.C.* 19-20. The custom of Harav Chaim Kanievsky, *shlita*, is to kiss the *sefer Torah mantel* with his mouth (*Ohel Yaakov, Kavod Sefer Torah V'sifrei Kodesh* 1, footnote 37, see *Asicha* 2, page 258).

⁴⁵ Chashukei Chemed, Maseches Avodah Zarah 17a.

⁴⁶ Rivum Sheinbuch 16, page 4, Tzitz Eliezer 12:40, Shaarei Siach, page 93:166; Beis Baruch 31:171, Yad Yitzchak 3:166:2, see Aruch Hashulchan 282:2, Chai Moshe, page 156.

⁴⁷ Siddur Yaavetz, page 160.

⁴⁸ Yad Yitzchak 1:166:2.

⁴⁹ Avnei Derech 10:13; B'mareh Habezek 6:10. Some quote the opinion of Harav Shlomo Zalman Auerbach, zt"l, who did not like using one's siddur for this purpose (Ohel Yaakov, Kavod Sefer Torah V'sifrei Torah, page 260:6. For others who allow it, see ibid. 10:25, footnote 29).

hachnasas sefer Torah or to the seudah after it. The non-Jew should not be given the sefer Torah to kiss.⁵⁰

Kissing the Sefer Torah before the Brachah

Before reciting the berachah on an alivah some have the custom to kiss the *sefer Torah* by taking a *tallis*⁵¹ or the *gartel* of the sefer Torah and passing it on the klaf of the Torah.⁵² Others are concerned that doing so may cause one to erase some of the letters of the Torah.⁵³ Others have the custom to touch the klaf near the letters, and not to actually touch any letters of the sefer Torah.⁵⁴ Many have the custom to kiss the sefer Torah at the end of an aliyah.55 However, there is no need to kiss the place that was just read.⁵⁶

Pointing the Pinky Finger

There is a custom to point the pinky finger at the sefer Torah during hagbah.⁵⁷ Some say there is a source for this *minhag*,⁵⁸ while others say that there is no real source; therefore, many have the custom not to point any finger during hagbah.59

⁵⁰ Chedvasa Tlisei, page 51:1.

⁵¹ Aruch Hashulchan 139:15. Refer to Alei Siach, page 96:7.

⁵² Shaarei Ephraim 4:3, Halichos Shlomo Tefillah 12:footnote 68, Shaarei Halachah U'minhag, O.C. 85, Orchos Rabbeinu 1, page 71:27; see Ketzos Hashulchan 25:badei 24.

⁵³ Shulchan Hatohar 139:8, Shaarei Rachamim 4:4, Nemukei Orach Chaim 139:1, Avnei Yushfei 7:29:5; see Kaf Hachaim 27.

⁵⁴ Harav Yisroel Belsky, zt"l.

⁵⁵ Magen Avraham 139:14, Yad Ephraim 12, Elyah Rabbah 14, Shaarei Ephraim 4:21, Mishnah Berurah 35, Aruch Hashulchan 15, Piskei Teshuvos, page 161, Shaarei Halachah U'minhag, O.C. 85.

⁵⁶ Siach Tefillah, page 258.

⁵⁷ Meam Loez, Devarim 27:26:page 1037, Minhag Yisrael Torah, page 181, Rivevos Ephraim 2:80:23, 5:215, 6:63:4. A lefty should use the same finger to point as a righthanded person (Be'er Moshe 2:3:14, Yemin Moshe, pages 38-39:footnote 68).

⁵⁸ Lev Chaim 4:page 193 (new).

⁵⁹ Harav Yisroel Belsky, zt"l; this was the custom of Harav Shlomo Zalman



Those who point at the *sefer Torah* kiss their finger afterwards.⁶⁰ Some point out that the pointing should be done with the index finger,⁶¹ but whoever points uses the pinky.⁶²

Kissing the *Paroches*

When leaving shul, some have the custom to kiss the paroches.⁶³

When getting an *aliyah* and passing the *paroches* on his way to his seat, some have the custom to kiss the *paroches* out of love for it.⁶⁴ Some who speak from the *bimah* or the *shtender* in front of the *paroches* have the custom to kiss it before speaking.⁶⁵ It's possible that the reason for this is because the speaker has his back to the *aron kodesh*. When he kisses the *paroches* he shows that he is doing so for the honor of Hashem.⁶⁶

Placing One's Hand on a Mezuzah

Many have the custom when entering or leaving a room to place a hand on the *mezuzah* ⁶⁷ and then kiss their hand⁶⁸

Auerbach, zt"l, and the custom of Harav Elyashiv, zt"l (see Doleh U'mashkeh, footnote 272). Refer to Siach Tefillah, pages 248-249:footnote 65, Rivevos Ephraim 5:215.

⁶⁰ Meam Loez, Devarim, ibid.

⁶¹ Sefer Chaim 3:6.

⁶² Opinion of Harav Chaim Kanievsky, *shlita*, quoted in *Teshuvos Hagrach* 1, page 177, 2, page 599. Regarding the practice to use the pinky finger, see *Don U'din* 1:35.

⁶³ Maasei Nissin 2, 293.

⁶⁴ Shaar Ephraim 4:35; Likras Shabbos 2, page 129, footnote 32.

⁶⁵ Heichel Avodas Hashem, page 10.

⁶⁶ Refer to B'shvilei Haminhag 2, page 99.

⁶⁷ Birchei Yosef 285:2, Meam Loez, Eikev, page 578.

⁶⁸ Pischei Mezuzah 285:16. Refer to Salmas Chaim 570, Sefer Matamim, page 116:8, Misgeres Hashulchan 11:18.

to show love for this mitzvah.⁶⁹ Others kiss the mezuzah.⁷⁰ Some say that one should only touch the mezuzah without any kissing.⁷¹ One who does kiss the mezuzah should not do so out of habit, and should have in mind what is written in the *mezuzah*. One should recite the following when placing a hand on the *mezuzah*: ה' שומרי ה' צלי על יד ימיני ה' ישמור צאתי ובואי לחיים ולשלום מעתה ועד עולם וכו'.

The Birchei Yosef⁷² says the Arizal had the custom to place his middle finger on the *shin* of the *mezuzah* and then kiss his finger. There is no obligation to kiss the mezuzah, although it is a nice practice.73

The Chazon Ish had the custom to look at the mezuzah without touching it.74

Kissing the Land of Eretz Yisrael

The Gemara⁷⁵ relates that Rav Abba kissed the rocks of Akko. The Rambam⁷⁶ mentions that the greatest of wise people would kiss the stones and roll in the dirt of Eretz Yisrael.⁷⁷

The Brisker Rav was asked why he did not kiss the stones

⁶⁹ Refer to Ben Ish Chai, Vayeira 1:21.

⁷⁰ Harav Yisroel Belsky, zt"l; see Chayei Adam 15:1, Secheil Tov, pages 66-67; Toras Chaim, page 165.

⁷¹ Darchei Moshe 285:2, Drisha 1, Ben Ish Chai, Ki Savo 2:3; see Pischei Shearim. pages 113-114.

⁷² Y.D. 285:4.

⁷³ Melamidecha L'hoyel 1, page 255:7.

⁷⁴ Dinim V'hanhagos of the Chazon Ish, Y.D. 3:5:10, Orchos Rabbeinu 3, page 164:2, Derech Sichah 1, page 517.

⁷⁵ Maseches Kesuvos 112a.

⁷⁶ Hilchos Melachim 5:10. For a discussion about kissing the stones on Shabbos, see Chashukei Chemed, Maseches Kesuvos 112a.

⁷⁷ For more on this see, Vitzvar Yosef Bar 1:7.



of Eretz Yisrael. He replied that it is only meant to be done by one who is a great, wise person — a *talmid chacham*.⁷⁸

It should be noted that one who does kiss the stones of Eretz Yisrael is not fulfilling any mitzvah when doing so. It should only be done by someone who is on a level to do so.⁷⁹

The Ponovezher Rav kissed the land of Eretz Yisrael upon the onset of *shemittah*.⁸⁰

Some have the custom to kiss the stones on the Kosel Hamaaravi.⁸¹

The Shlah⁸² mentions kissing the graves of the Arizal and Harav Yosef Karo (the author of the *Beis Yosef*).

The Rambam would kiss the graves of our Avos in the Me'aras Hamachpeilah.⁸³

Kissing Food

When seeing a piece of food on the floor, some have the custom to pick it up and kiss it.⁸⁴

Kissing an Esrog

Some quote the custom to kiss the *esrog* on Hoshanah Rabbah after one has finished using it.⁸⁵

Kissing Sefarim

When one sees a sefer on the floor he should kiss it while

⁷⁸ Mases Hamelech, Maseches Kesuvos, page 373. For a discussion on this, see Chashukei Chemed, Maseches Kesuvos 112a.

⁷⁹ Chashukei Chemed, Maseches Kesuvos, ibid. See Masas Hamelech, page 373.

⁸⁰ Ibid.

⁸¹ Tzitz Eliezer 10:1:79.j

⁸² Igeres Eretz Yisrael page 217.

⁸³ Sefer Chareidim, page 254; Admas Kodesh, page 91.

⁸⁴ B'noheg Sh'bolam, page 188.

⁸⁵ Otzer Yisrael 7, page 120.

picking it up.86 One who sees an upside-down sefer should kiss it.87

Kissing Matzah and Maror

The Mishnah Berurah⁸⁸ says that some people kiss matzah, maror, and daled minim, as well as the sukkah when entering it. This is all done to show the love for the mitzvah.



⁸⁶ Aruch Hashulchan, Y.D. 282:11.

⁸⁷ Beis Lechem Yehudah, Y.D. 282.

^{88 477:5.}

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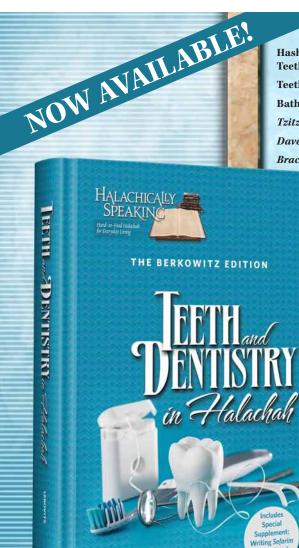


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